

Menu Week 10

Week Beginning 15th December



Meal Type	Monday 15 December	Tuesday 16 December	Wednesday 17 December	Thursday 18 December	Friday 19 December
STANDARD	Beef Meatballs, Vegeful Sauce on Pasta Beef Bolognese Sauce with Pasta	Butter Chicken & Veg on Rice	Jungle Chicken Curry with Rice	Italian Minced Beef with Rustic Potatoes Savoury Minced Beef & Potatoes	Butter Chicken & Veg on Rice
VEGETARIAN	Mumbai Chickpea & Rice Pilaf	Upper North Island Mexican Beans & Rice Lower North Island and South Island Indian Vegetable Curry	Upper North Island Thai Veg Curry & Rice Lower North Island Lentil Curry & Rice South Island Katsu Vegan Curry & Rice Indian Vegetable Curry	Upper North Island Mexican Beans & Rice Lower North Island and South Island Indian Vegetable Curry	Lentil & Tofu Curry + Rice
VEGAN	Mumbai Chickpea & Rice Pilaf	Upper North Island Mexican Beans & Rice Lower North Island and South Island Indian Vegetable Curry	Upper North Island Thai Veg Curry & Rice Lower North Island Lentil Curry & Rice South Island Katsu Vegan Curry & Rice Indian Vegetable Curry	Upper North Island Mexican Beans & Rice Lower North Island and South Island Indian Vegetable Curry	Lentil & Tofu Curry + Rice
NO GLUTEN	Mumbai Chickpea & Rice Pilaf	Butter Chicken & Veg on Rice	Jungle Chicken Curry with Rice	Italian Minced Beef with Rustic Potatoes Savoury Minced Beef & Potatoes	-Butter Chicken & Veg on Rice
STANDARD SNACKS (yr 9+)	Carrot Cake Slice Corn Chips	Chickpea Cracker/ Bhuja Mix Fruit	Dinner Roll Fruit	Anzac Cookie Chickpea Cracker Bhuja Mix	Popcorn Sweet & Salty Carrot Cake Slice
DIETARY SNACKS (yr 9+)	Apple, Chickpea Cracker Soy Allergy: Apple, No Nut Bhuja	Apple, Chickpea Cracker Soy Allergy: Apple, No Nut Bhuja	Apple, Chickpea Cracker Soy Allergy: Apple, No Nut Bhuja	Apple, Chickpea Cracker Soy Allergy: Apple, No Nut Bhuja	Apple, Chickpea Cracker Soy Allergy: Apple, No Nut Bhuja

THIS MENU **DOES NOT CONTAIN** TREE NUTS, PEANUTS, PORK, SEAFOOD OR KIWIFRUIT

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